



Rutland Water Cycle Routes

Route 1 – Suitable for families with small children. Distance 3 miles return.

Start your adventure at Whitwell. Follow the cycle track around the shoreline; watch out for an abundance of wildlife along the way including lots of lambs in the Spring. After just over a mile you will reach Sykes Lane, Empingham. Here you will find a fun adventure playground for the children to enjoy as well as public toilets and The Fox kiosk serving ice creams, lollies and refreshments.

Route 2 – Suitable for all. Distance 8 miles return.

Start your adventure at Whitwell. Follow the cycle track around the shoreline; watch out for an abundance of wildlife along the way including lots of lambs in the Spring. After just over a mile you will reach Sykes Lane, Empingham. Here you will find a fun adventure playground for the children to enjoy as well as public toilets and The Fox kiosk serving ice creams, lollies and refreshments.

Continue on over the Dam towards Normanton Church. Why not stop off and have a look inside – there are some fascinating exhibits on show. Continue onwards to the Sailing Club in the village of Edith Weston.

Route 3 – Suitable for the reasonably fit. Distance 26 miles roundtrip.

Start your adventure at Whitwell. Follow the cycle track around the shoreline; watch out for an abundance of wildlife along the way including lots of lambs in the Spring. After just over a mile you will reach Sykes Lane, Empingham. Here you will find a fun adventure playground for the children to enjoy as well as public toilets and The Fox kiosk serving ice creams, lollies and refreshments.

Continue on over the Dam towards Normanton Church. Why not stop off and have a look inside – there are some fascinating exhibits on show. Continue onwards to the Sailing Club in the village of Edith Weston.

Carry on past the Sailing Club along the cycle track through Berrybutt Spinney. You'll enter the Nature Reserve briefly at Gibbets Gorse. Follow the cycle track signs marked on the road to Manton. Then turn right down the hill passing the Horse & Jockey pub.

Go under the bridge and follow the track to the right (it's signposted). The cycle route takes you now through picturesque Egleton, then turn right for Hambleton Peninsula perimeter track. Turn right again, along a tarmac track and right along the track through Barnsdale Car park and return to Whitwell.