



Discover Rutland
Rutland County Council
Catmose, Oakham
Rutland, LE15 6HP

telephone: 01572 720 921
email: tourism@rutland.gov.uk
website:
www.discover-rutland.co.uk

PRESS RELEASE
August 2017
For Immediate Release

RUTLAND'S SPORTING SEPTEMBER

The peaceful pace of life for which Rutland is renowned belies a wealth of sporting activities, events and opportunities - especially in September.

To start the month the internationally renowned Burghley Horse Trials draw thousands to beautiful grounds to watch 4 days of world class cross country, dressage and show jumping, but also fantastic shopping ranging from London's Bond Street and bespoke kitchens to luxury gifts and rural crafts. Whisper it low - you could start Christmas shopping!

Far removed from the bustling crowds and thunder of hooves, the Swim Rutland Nightswim on 2nd September offers an unique experience; a safely monitored opportunity to swim under the stars complete with glow stick and luminous swim hat, then be welcomed back to shore with food, drink and good music.

The award winning Rutland Vitruvian Triathlon will take place on 9th September. Substantially oversubscribed, it's tough just to be permitted to compete. But then over 1000 competitors must swim 1900 metres, cycle 85k and, as if that is not enough, run 21k. Enthusiastic crowds gather to cheer and support these tough athletes throughout an iconic event.

On 17th September the popular Rutland Marathon and Half Marathon will take place, sold out again for this year but offering great spectator access around the entire traffic free and beautiful course.

But don't think this is the finish line! Rutland stays active throughout the year. In summer Aqua Park Rutland offers you the opportunity to climb slide or splash your way over challenging floating inflatables, the UK's biggest aqua glide aquapark.

Open water swimming at Rutland Water from May to September provides recreational and sporting swimming every Sunday, and small group coaching on Thursday nights.

Explore Rutland plus get into cycling throughout the year with the Velo Club weekly rides for all levels and types of cycling, be it leisure, fitness, mountain biking, cyclocross, time trialling, track or road racing.

It's you against the clock! The Rutland Water 5k parkrun every Saturday is free, friendly and open to all abilities. Run for your own enjoyment whatever your pace and join the gathering for a post Parkrun coffee at a restaurant by the water.

Or how about getting the same view across the water as the famous Rutland Ospreys from the top of Rock Block at Whitwell Leisure Park, along with the opportunity to try Abseiling, Traverse Walls and High Ropes?

Fishing, cycling, water sports, golf, walking (including much wheelchair friendly access), Rutland offers everything from a gentle stroll to extreme triathlon, especially in Sporty September!

ENDS

Further information available to www.discover-rutland.co.uk