

# Rutland, Steady, Cook!

## The Beaver Inns' Chicken and Mushroom Penne Pasta

#### **Ingredients**

1 Chicken Breast 50g Mushrooms (any variety) 50ml White Wine 150ml Double Cream Small handful of Rocket 20g Parmesan Cheese, grated 1 Vegetable Stock Cube Sprinkle of Tarragon (fresh or dried)
Salt and Pepper to taste
150g Penne Pasta
Half White Onion, Diced
2 Cloves of Garlic

#### Method

- **1.** Boil the kettle, place pasta in a pan and cover with boiling water. Simmer for an additional 10 minutes. Stain the pasta and set to one side.
- 2. Dice the chicken and onion, chop the garlic cloves finely and add to a frying pan until the chicken is cooked and onion and garlic are golden.
- 3. Add the white wine and reduce.
- **4.** Dice the mushrooms and add to the frying pan with the double cream, vegetable stock cube and tarragon. Once the stock cube has dissolved and sauce has thickened, add salt and pepper to taste.
- 5. Mix the thickened sauce into the pasta to coat and spoon into a serving bowl.
- 6. Add rocket and parmesan to garnish.

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image on Facebook using #RutlandSteadyCook

### Thank you to:

Beaver Inns:

The Falcon Hotel, The Vaults & Don Paddy's Market Place, Uppingham

